

Post-Class

We follow up with all graduates of Main Frame for a year after they leave the program.

Each graduate receives a phone call 3, 6, 9, and 12 months after graduating. We follow up regarding employment, but also family relationships, living situation, transportation, and access to other resources. After this phone assessment, we then provide assistance as needed to help graduates maintain employment, including resources at our own agency or referrals to outside organizations.



Success Rate

Main Frame Job Readiness



In 2016, our Main Frame grads maintained a 70% employment rate.

34

enrolled

30

graduated

21

found employment

centraloac.org



With our holistic job readiness model, we are able to help 70% of participants and graduates achieve and sustain employment. One-on-one support during class and follow up post-graduation gives participants the support they need to maintain stable housing and income.

Contact Information

Located on the ground floor of Central Presbyterian Church, across the street from the Georgia State Capitol.

201 Washington Street, SW
Atlanta, Georgia 30303

Ahren Cassinari-Foster
Main Frame Coordinator
(404) 601-3146
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Phone: (404) 659-7119
Fax: (404) 601-3159

Hours

Monday-Friday: 9:00 am–12:30 pm
Wednesday: 9:00 am–12:30 pm and
2:00 pm–4:00pm
Phone lines open at 9:15am

Fax: (404) 601-3159

www.centraloac.org

Main Frame Job Readiness



Providing the employment skills and personal support needed to find and maintain stable, living-wage jobs.



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Guiding Principles

- ◇ Stable, **living-wage income** is necessary to avoid and/or overcome homelessness.
- ◇ Many of our guests are employable, but may need **support and assistance** in their job search and employment skills.
- ◇ A **holistic, flexible approach** will best empower guests to find and keep employment.
- ◇ **Proactivity and communication** are key to successful employment.



Eligibility

- Basic computer skills preferable
- Must attend orientation & Assessment (call to set up)
- Criminal records do not disqualify participants
- Do not have to be experiencing homelessness
- No referral requirements

Class Schedule

Program is three weeks long. A new class session start at the beginning of each month.

Monday and Tuesday:

- 12:30 pm-1:00 pm—Lunch
- 1:00 pm-4:00 pm—Class

Wednesday, Thursday, Friday:

- 9:00 am-12:30 pm—Workshop

Each participant must complete an orientation and assessment prior to entry into the program. For more information or to sign-up for the next orientation, please contact us.

Pre-class opportunities are available for students needing computer skills assistance. Please contact us for more details.



Class Details

Students will receive one-on-one assistance with:

- Résumé building
- Assessing their skills and interests
- Online job searching
- Job applications
- Networking
- Interview skills (phone and in-person)
- Money management
- Professional self-presentation

Students and graduates of Main Frame can also take advantage of the following resources:

- MARTA passes
- Access to computer lab
- Payment for certifications needed for particular employment
- Payment for tools, supplies, and/or uniforms
- Professional clothing and accessories

