

# Post-Class

**We follow up with all graduates of Main Frame for a year after they graduate.**

Each graduate receives a phone call 3, 6, 9, and 12 months after graduating. We follow up regarding employment, but also family relationships, living situation, transportation, and access to other resources. After this phone assessment, we then provide assistance as needed to help graduates maintain employment, including resources at our own agency or referrals to outside organizations.

# Success Rate

With our holistic job readiness model, we were able to help 69% of graduates achieve and sustain employment. One-on-one support during class and follow up post-graduation gives participants the support they need to maintain stable housing and income.

## Main Frame Job Readiness

In 2018, our Main Frame grads maintained a 69% employment rate.

40

enrolled

29

graduated

20

found employment

centraloac.org



## Contact Information

*Located on the ground floor of Central Presbyterian Church, across the street from the Georgia State Capitol.*

201 Washington Street, SW  
Atlanta, Georgia 30303

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Main Frame Coordinator  
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Phone: (404) 659-7119  
Fax: (404) 601-3159

### Hours

Monday-Friday: 9:00 am-12:30 pm  
Wednesday: 9:00 am-12:30 pm and  
2:00 pm-4:00pm  
Phone lines open at 9:15am

# Main Frame Job Readiness Program



Main Frame provides the employment skills and personal support needed to find and maintain stable, living-wage jobs.



Central Outreach and Advocacy Center  
Phone: (404) 659-7119  
www.centraloac.org

# Guiding Principles

- ◇ Stable, **living-wage income** is necessary to avoid and/or overcome homelessness.
- ◇ Many of our guests are employable, but may need **support and assistance** in their job search and employment skills.
- ◇ A **holistic, flexible approach** will best empower guests to find and keep employment.
- ◇ **Proactivity and communication** are key to successful employment.



# Eligibility

- Basic computer skills preferable
- Must attend orientation & Assessment (call to set up)
- Criminal records do not disqualify participants
- Do not have to be experiencing homelessness
- No referral requirements

# Class Schedule

**The program is three weeks long. A new class session starts at the beginning of each month.**

**Monday-Friday:**

- **9:30am-12:30pm**
- **Lunch provided on Monday and Tuesday**

\*Each participant must complete an orientation and assessment prior to entry into the program. For more information or to sign-up for the next orientation, please contact us.\*

***Pre-class opportunities are available for students needing computer skills assistance. Please contact us for more details.***



# Class Details

**Students will receive one-on-one assistance with:**

- Résumé building
- Assessing their skills and interests
- Online job searching
- Job applications
- Networking
- Interview skills (phone and in-person)
- Money management
- Professional self-presentation

**Students and graduates of Main Frame can also take advantage of the following resources:**

- MARTA passes
- Access to computer lab
- Payment for certifications needed for particular employment
- Payment for tools, supplies, and/or uniforms
- Professional clothing and accessories

